



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



## POST MONTHLY MEETING SCHEDULE

*Please Join Us*

### House Chair Committee Meeting

6:30 PM | 1<sup>st</sup> Thursday - Aug 1

### VFW Post Officer Meeting

6:30 PM | Monday - Aug 12

### VFW 7907 Post Meeting

7:00 PM | 3<sup>rd</sup> Thursday - Aug 15

### VFW/AUX Roundtable & Social Planning Meeting

6:30 PM | 4<sup>th</sup> Thursday - Aug 22

### AUX Monthly Meeting

6:00 PM | 2<sup>nd</sup> Thursday - Aug 8

### Post House Chairman Clean Up/Working Party

9:00 AM | Saturday Mornings



**Never Forget**

**Have an article for *The Patriot*?** Please submit your articles no later than the 21<sup>st</sup> of each month. Send your submission to [VFW7907@gmail.com](mailto:VFW7907@gmail.com) with *Newsletter Submission* in the subject line.

### COMMANDER'S CALL

We have completed my first month as your Commander. I said "we" instead of "I" because all changes that have or are being implemented have been agreed upon by the Post officers that you elected and have been approved by me.

The next major change is the revision of the Post and House Rules. I hope that by the time you read this, the Post members have approved said document or are within days of doing so.

No business can survive for any extended period of time operating in the RED. Some do not believe that operating a VFW Post is like a business. I would ask them to look at the past history of VFW Posts that have failed and no longer exist that thought the same thing. WE WILL NOT FAIL!

We have an officer's meeting each month prior to our regular meeting. Anyone can attend. Although you would not have a vote, you will be asked for your opinion which might influence the vote.

In closing, remember that there is no status quo. Every day is a new day.

*D. C. Stonecipher*

### FROM THE AUXILIARY PRESIDENT

Recently I had an opportunity to learn some Latin. Having never taken a Latin class myself I put my daughter in one. One English derivative really struck a chord with me. Our word Auxiliary is derived from the Latin word for help. Auxilium = aid, assistance, help, support, backing, military force. Since then I've been pondering what it means to be a member of this Auxiliary. I am honored and proud to be sponsored by Poway Post 7907. We really could not pick a finer VFW Post, and we are truly blessed to have our home here. This Post is not just about individuals, but it's much more than that. It's the big picture of supporting our local war heroes and their families. It started with LT Fred L. Kent who was the first Poway resident to be killed in a foreign war. Let us continue the aid and backing for those who fought for us today in keeping this place about veterans and giving our extra mile to them and their families. It takes a brave individual to volunteer to go into harm's way and fight for our country. So thank you for your service Veterans of Foreign Wars and how can we help?

*Shari Dunbar*

# 2018-2019 Officers



Post Commander – Don Stonecipher  
Sr. Vice Commander – Bill Kimble  
Jr. Vice Commander – Sal Pellerito  
Quartermaster – Alan Helton  
Chaplain – Don Biadog  
Surgeon – Fred DiCarlo  
Service Officer – Bud Lichtenstern  
Adjutant – Anne Trexler  
Judge Advocate – Bill Morrison  
Guard – Jennifer Guerrero  
1<sup>st</sup> Year Trustee – Pablo Facun  
2<sup>nd</sup> Year Trustee – Howard Dunbar  
3<sup>rd</sup> Year Trustee – Bill Bauerle  
Officer of the Day – Jason Widmer  
House Committee Chair – Bill Kimble  
Canteen Manager – Fernando Law  
Maintenance Manager – Jason Widmer  
Membership Chair – Richard Anderson

## Auxiliary Officers

President – Shari Dunbar  
Senior Vice President – Linda Miller  
Junior Vice President – Karen Kimble  
Secretary / Chaplain – Sara Salazar  
Treasurer – Jim Gordon  
Conductor – Robert Fenter  
Guard - James Jones  
Auxiliary 1<sup>st</sup> Year Trustee - Lisa DuMolt  
Auxiliary 2<sup>nd</sup> Year Trustee - Patty Grosch  
Auxiliary 3<sup>rd</sup> Year Trustee - Patti Caniglia



### FROM THE SENIOR VICE COMMANDER

Greetings from your Senior Vice Commander

Now that summer is in full swing please be mindful of the heat wave we are experiencing. Stay cool and hydrated. And what better way to do than to stop by the Post and have a frosty refreshment served up by the friendliest team in town.

Commander Don has been working hard with his team to complete our updated canteen rules. If the good Lord is willing and the creek doesn't rise they should be on the street for all to read by mid-August. Please take some time out of your busy schedule to look them over. Knowing our canteen rules is the responsibility of all members.

I would like to thank the President of the Auxiliary Shari Dunbar and her team who have been really giving 110% to make our Post the best it can be. They have many exciting upcoming events planned so keep checking the calendar and your emails, you will not be disappointed.

As always we are looking for volunteers for the Saturday cleanup and ongoing projects around the Post. We have all levels of work from pushing a broom to weed whacking. So do not be afraid to come on down.

As always my phone is never off, so call me if you need me. I am here to serve.

Cheers,

*Bill Kimble*  
858 722 2207

### FROM THE QUARTERMASTER

We made All State and All American giving our Post huge bragging rights. It really reflects the hard work and effort that everyone put into the Post.

Our electric bill for June is \$298 which is a nice change from the \$745 last year. This shows what a difference the solar system is making for our monthly electric expenses, especially as the summer season starts to get going. Our gas bill is up about 50% at \$84 from last year's \$51, but this is probably due to all the hamburgers being cooked on Fridays!

Our current hours, events, and expenditures are such that we are managing to get by, but the greater participation we have the better we'll do. As always, thanks for everyone's support.

*Alan Helton*



**I WANT YOU FOR THE  
SATURDAY MORNING  
WORK PARTY**

Each Saturday at  
9:00 AM at the Post

For more info contact Bill Kimble

Springtime in southern Italy is one of my favorite times of the year. Perennial plants that have been quiescent during winter months begin to feel the warmth of the spring weather. Various varieties of beautiful and colorful flowers begin to bloom. Bulb plants launch above the ground ready to face the blue sky. Native European and migratory birds sing and enjoy the rising of the sun and the flowers all around the meadows and mountains. Almost overnight new leaves appear in the Italian cherry tree, a common spring flowering tree of the garden. Beautiful flowers of countless colors begin to bloom.

The red poppy is one of the easily recognizable floras adorning the fields and the roadsides throughout southern Italy and beyond around May-June. The red poppy is not just an ordinary variety of flower. The red poppy (Scientific classification as "Papaver rhoeas") known as common poppy, corn poppy, corn rose, field poppy, and Flanders poppy, decorates the Italian landscapes.

For me the red poppy has a patriotic meaning and spiritual symbol. Red symbolizes the blood of warriors who fought for freedom from the ancient era to modern times. Thirty minutes from Naval Support Activity Naples, Support Site is the place called "Capua." Rome's Coliseum was modeled after the arena in Capua, the training ground of the famed Thracian gladiator Spartacus who together with fellow gladiators fought for their freedom against the slave-owning oligarchy during the Roman period. World War I, the "War to End All Wars," claimed the lives of 9 million combatants and 7 million civilians. A hundred years ago the red poppies adorned the war-torn areas all over Europe including France. Honoring and remembering his friend Lieutenant Alexis Helmer who was killed during WWI on May 2, 1915 near Ypres, France, Doctor, Poet, and Artillery Commander Major John McCrae wrote a poem: "In Flanders fields"

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.



Every time I see each red poppy, it represents a precious soul of warrior/veteran who shed his or her blood for freedom's sake. We must never forget their sacrifices for freedom's sake.

Today, hundreds of thousands of our troops serve in the home front and around the globe. All gave some, and some gave all! They fought for flag, family, and faith. Every time we celebrate America's birthday, let us always be mindful of the warriors who left America's shore and never returned. For instance, 7,861 are buried and 3,095 names of Missing in Action (MIA) are etched on the memorial walls at Sicily-Rome American Cemetery, Nettuno, Italy, about three-hour drive

from Naples. When we celebrated the 243rd of our Nation's founding day on 4th July 2019, I and hundreds of thousands of freedom-loving Americans paused a moment of silence and said a prayer of thanks for the service of our veterans, our heroes.

*DB*



★ ★ ★ ★ ★ ALL AMERICAN POST & ALL STATE POST ★ ★ ★ ★ ★

2018-2019 VFW POST 7907

Thanks to each and every one of you who contributed to Making this Happen. This has not been accomplished since Comrade Howard Dunbar was the Post CDR.

Being one of the Top 50 VFW Posts is quite something else, entails much hard work, attention to detail and execution of National and Department VFW Programs. VFW Post 7907 is not only an ALL STATE POST, but also officially 2018-2019 ALL AMERICAN POST.

Special thanks to the Membership Committee (Greg, Richard, Alan), every VFW Recruiter (FYSA- Richard, Fernando, Bill K were in the Top 25 recruiters in the Department) and all of you who worked various VFW Programs, assisted with meals, patronized the Post, newsletter inputs, or helped with special events like the Adopt a Unit/Silent Auction Dinner, First Responder Dinner, Flag Retirement Ceremonies, USMC Miramar Air Show, etc., etc. etc.

Thanks again for all of your support to the Post in Making this Happen. Please continue with your support of the Post and lending a helping hand.

All the Best in Health and Happiness,

*Bill Morrison*



## Movie Quote of the Month

Movie quote of the month (free beverage of choice to the first person that corners me at the Post with the movie title of origin):

*"Give me a ping, Vasili. One ping only, please."*

Previous month's answer – Old School

*Chad 'Axel' Foley*

**Agent Orange/Blue Water Navy**

This new law is for those shipmates who were aboard a U.S. military vessel that operated in the inland waterways of Vietnam, or served on a vessel not more than 12 nautical miles seaward from the demarcation line of the waters of Vietnam and Cambodia (as detailed in Public Law 116-23, the Blue Water Navy Vietnam Veterans Act of 2019).

**This must be true:**

You have one of the presumptive illness believed caused by Agent Orange and your military record must show that you served between January 9, 1962, and May 7, 1975 in Vietnam and/or stated above.

**Here are the Presumptive Diseases:****Cancers caused by contact with Agent Orange:**

Chronic B-cell leukemia, Hodgkin's disease, Multiple myeloma, Non-Hodgkin's lymphoma, Prostate cancer, Respiratory cancers (including lung cancer), Soft tissue sarcomas (other than osteosarcoma, chondrosarcoma, Kaposi's sarcoma, or mesothelioma)

**Other illnesses we believe are caused by contact with Agent Orange:**

AL amyloidosis, Chloracne (or other types of acneiform disease like it), Diabetes mellitus type 2, Ischemic heart disease, Parkinson's disease, Peripheral neuropathy, early onset, Porphyria cutanea tarda

**Now Comrades if you have an illness that's not on the list of Agent Orange-related diseases, but you believe was caused by Agent Orange, You'll need to:**

- Provide scientific and medical evidence that the condition is related to exposure to Agent Orange, or
- Show that the problem started during—or got worse because of—your military service

Note: Scientific proof may include an article from a medical journal or a published research study.

**Who's covered?**

Veterans and qualified dependents (that's right!)

**What kind of benefits can I get?**

Health care, Compensation (payments), An Agent Orange Registry health exam

Also if you were a Blue Water Navy Veteran, and the VA denied your claim in the past you can file a new claim based on the change in law.

In certain cases, if your claim is approved, the VA will pay you back to the date when you submitted your original claim for Agent Orange. That is referred to as retroactive payment.

Although the VA Secretary Wilkie has delayed processing these claims until 1 Jan 2020, go ahead and start your claim NOW by getting with me...

*Bud Lichtenstern*

District 1 & Post 7907 Service Officer

In July, the Post voted in the following members:

**New Annual Members**

- Smith, Richard L., USN. Recruiter Fernando Law
- Fisher, Roy L., USA. Recruiter Greg Clark.

**New Life Member**

- Schultz, Randall J., USN. Recruiter Richard Anderson.
- Arnold, Charles R., USN. Recruiter Richard Anderson.
- Curtis, Robert A., USAF. Recruiter Richard Anderson.
- Price, Ernest E. USMC. Recruiter Richard Anderson.
- Gilmartin, Paul, USN. Recruiter Bill Morrison.

**Welcome Aboard!**

*Richard Anderson*



**Join Us Fridays for  
Friday Burgers & Karaoke**  
Karaoke at 5:00 PM | Dinner at 6:00 PM

Burger & premium beer 9.00  
Burger & domestic beer 7.00  
Burger only 5.00

**Volunteers always needed & greatly appreciated!**

# VFW Post & Community Events

Summer Kick Off Event - July 6

Karaoke Contest Finale - July 13



We celebrated Sr. Vice Bill Kimble's birthday.



Membership Chairman Richard led several post members in our theme song *I Love This Bar*.

## Burger Burn - July 26



RockKandy rocking the house during the Friday Burger Burn. A great time was had by all!

## Flag Retirement - July 18



Tom & Bob conducted a flag retirement ceremony at the Post, under the tutelage of CDR Don.



Karaoke Finale Contestants (L to R): Hannah Roby, Richard Anderson, Contest Coordinator Tom Hausherr, Elizabeth Ellison, Jason Widmer & Lois Hofmann.



Jason Widmer was the contest winner!



Hannah Roby came in second place.



Elizabeth Ellison



Richard Anderson



Lois Hofmann



Leroy & Judy Hill enjoyed a dance while Jason Widmer performed.



There was a great turnout in support of the contestants.

**Don't miss out on all the fun at the Post!**



VFW AUXILIARY POST 7907 HOSTS

# BRUNCH & BINGO

Sunday, August 18 | 11:00 AM - 2:00 PM

Brunch: 8.00

Bingo: 5 cards  
for 20.00



# UPCOMING EVENTS

## JOIN US AT THE FOLLOWING EVENTS:

POWAY COMMUNITY DAY FESTIVAL  
SEPT. 8

POW / MIA REMEMBRANCE CEREMONY  
SEPT. 21

POWAY RODEO  
SEPT. 27&28



VFW AUXILIARY POST 7907

# BBQ FEAST

Saturday, August 17 | 6:00 PM

BBQ ribs & chicken, baked beans,  
coleslaw, mac-n-cheese, roll & dessert

Donation: 10.00

## VFW AUXILIARY POST 7907 Coming in September 14<sup>th</sup> CEDAR PLANK SMOKED SALMON DINNER

Dinner includes:

Cioppino, salad, rice pilaf,  
seasonal veggies, dinner roll &  
key lime pie

Donation: 15.00



# Never Forget



August 4, 1790 - The United States Coast Guard is established. Happy Birthday!



August 7, 1991 - Operation Desert Shield begins. In this photo Marines carrying their weapons and equipment wait for the word to move out during Operation Desert Shield. Photo credit: STAFF SGT. F. Lee Corkran



August 6, 1945 - The Enola Gay drops world's 1<sup>st</sup> atomic bomb over Hiroshima. In this photo The Enola Gay lands safely on the airstrip at Tinian after completing the mission. Photo credit: Smithsonian National Air and Space Museum (NASM 2000-4554).



August 6, 2011 - Chinook helicopter shot down in Wardak Province, Afghanistan killing 38, including 17 US DEVGRU special operation forces. This combination photo shows the 30 American troops killed in that incident. Photo credit: AP



August 11, 1972 - Last US ground combat unit departs from South Vietnam. In this photo, Freedom Birds arrive to pick up the last U.S. ground troops from the field, seven miles west of Da Nang, RVN. These four helicopters executed the entire extraction of the 3<sup>rd</sup> Battalion, 21<sup>st</sup> Infantry.



August 12, 1952 - Battle of Bunker Hill (Hill 122, Korea) begins. In this photo, Marine observers direct an air strike on Hill 122, later called Bunker Hill, a Communist position critical to the fighting. Department of Defense Photo (USMC) A164200



August 14, 1945 - Official announcement of Japan's unconditional surrender. In this photo, sailors in Pearl Harbor, Hawaii listen to radio and cheer as Tokyo radio states Japan has accepted the Potsdam surrender terms on August 15, 1945.



August 20, 1982 - US Marines deployed to Lebanon. In this photo, U.S. Marines marched across the runway apron of Beirut International Airport in Lebanon upon their arrival. National Archives identifier: 6370471.

★  
*All Gave Some.  
Some Gave All.*



# AUGUST 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Please Note:</b> We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.</p>				1 6:30 PM House Chair Committee Meeting	2 6:00 PM Burger & domestic beer Donation: 7.00	3 6:00 PM Brad's homemade chili Donation: 9.00
				4 9:00 AM Biscuits & gravy, sausage, potatoes & fruit Donation: 7.00	5 11:30 AM – 1:30 PM Sandy's Surprise	6 6:30 - 9:30 PM Hall Rented
11 9:00 AM Pancakes, bacon, eggs, potatoes & fruit Donation: 7.00	12 11:30 AM – 1:30 PM Sandy's Surprise  6:30 PM VFW CDR/Officer Meeting	13	14 11:30 AM Brats, sauerkraut & fries Donation: 8.00	15 7:00 PM VFW 7907 Post Meeting	16 6:00 PM Burger & domestic beer Donation: 7.00	17 6:00 PM BBQ ribs & chicken, baked beans, coleslaw, mac-n-cheese, roll & dessert Donation: 10.00
18 11:00 AM – 2:00 PM Brunch & Bingo Brunch: 8.00 Bingo: 5 cards for 20.00	19 11:30 AM – 1:30 PM Sandy's Surprise	20	21 11:30 AM BLT & frings Donation: 8.00	22 6:30 PM VFW/AUX Roundtable & Social Planning Meeting	23 6:00 PM Burger & domestic beer Donation: 7.00	24 6:00 PM Beef stir fry, salad & rice Donation: 9.00
25 9:00 AM Omelets or eggs-to- order, bacon, toast & hash browns <i>Dickie Boys</i> Donation: 9.00	26 11:30 AM – 1:30 PM Sandy's Surprise	27	28 11:30 AM Spaghetti with meat sauce Donation: 8.00	29	30 6:00 PM Burger & domestic beer Donation: 7.00	31 6:00 PM Fish, onion rings & coleslaw Donation: 9.00

★ All Gave Some. Some Gave All. ★

**Canteen Hours\*:** Sun: 9:00 AM–3:00 PM | Mon: 11:00 AM–3:00 PM | Tue: Closed | Wed: 11:00 AM–9:00 PM | Thu-Sat: 1:00–9:00 PM

\*Closing hours subject to modification based on activity