



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



VETERANS OF FOREIGN WARS.

Post 7907

## POST MONTHLY MEETING SCHEDULE

*Please Join Us*

### House Chair Committee Meeting

6:30 PM | Wednesday - Aug 5

### VFW/AUX Roundtable & Social Planning Meeting

6:00 PM | Thursday - Aug 6

### VFW Post Officer Meeting

6:30 PM | Monday - Aug 17

### VFW 7907 Post Meeting

7:00 PM | Thursday - Aug 20

### Auxiliary Monthly Meeting

6:00 PM | Thursday - Aug 13

### Post House Chairman Clean Up/Working Party

8:00 AM | Saturday Mornings



VFW Poway Post 7907



@vfw7907



**Have an article for *The Patriot*?** Please submit your articles no later than the 21<sup>st</sup> of each month. Send your submission to [VFW7907@gmail.com](mailto:VFW7907@gmail.com) with *Newsletter Submission* in the subject line.

### COMMANDER'S CALL

Greetings to all,

I am happy to report the month of July was very successful. As everyone knows there have been a few changes at the Post to our hours and generally the way we do business.

With that said it would not have been possible without the support all of you have shown. We are now a fully volunteered staff. This has made it possible for us to operate under these very extraordinary times we are all adjusting to. We are still looking for more volunteer bartenders. The only requirement is you must be a Post member in good standing.

I'd like to thank Leroy Hill, our resident handyman and carpenter, for the great job he did putting together our new bar top out front on the patio. Also to Jason Widmer and his team for everything they completed in the month of July. Please give a big thank you to them and our volunteer staff when you see them around the Post.

Our beer garden and outside dining has been a huge blessing. Please abide by all our safety precautions which are posted. Not sure what phase the County has us in, but we're running out of the alphabet. Parking is still a problem, but I'm working hard to make it better. Please be patient, and suggestions are always welcome.

Let's make August even better. Continue to check the calendar for upcoming events and changes.

As always, my phone is always on for any suggestions or complaints.

Warm regards

*Bill Kimble*

858-722-2207

### FROM THE AUXILIARY PRESIDENT

Happy Summer everyone,

The Post outdoor dining has been a blessing amid this California shutdown. We are continuing to press through and have been able to raise funds through offering meals. Please support us and the Post by stopping by and ordering a dinner or breakfast. First and foremost our funds go to help our Post and our members. Though it may be outside, we hope to see you in person at our general meeting August 13<sup>th</sup> at 6PM.

*Shari Dunbar*

Sharikristine@gmail.com or 848-663-2686

# 2020-2021 Officers



Post Commander – Bill Kimble  
Sr. Vice Commander – Sal Pellerito  
Jr. Vice Commander – Jason Widmer  
Quartermaster – Fernando Law  
Chaplain – Don Biadog, Jr.  
Surgeon – Fred DiCarlo  
Service Officer – Bud Lichtenstern  
Adjutant – John Carson  
Judge Advocate – Bill Morrison  
Guard – Joe Cruther  
1<sup>st</sup> Year Trustee – Bob Parks  
2<sup>nd</sup> Year Trustee – Bill Bauerle  
3<sup>rd</sup> Year Trustee – Don Biedermann  
Officer of the Day – Don Hadix  
House Committee Chair – Clint Dawson  
Canteen Manager – Melissa Law  
Maintenance Manager – Jason Widmer  
Membership Chair – Richard Anderson

## Auxiliary Officers



President – Shari Dunbar  
Senior Vice President – Karen Kimble  
Junior Vice President – Patti Caniglia  
Secretary – Tom Hausherr  
Treasurer – Jim Gordon  
Chaplain – Sara Salazar  
Conductor – Suzanne Kohlbrecher  
Guard – Judy Hill  
Auxiliary 1<sup>st</sup> Year Trustee – Lisa DuMolt  
Auxiliary 2<sup>nd</sup> Year Trustee – Melissa Law  
Auxiliary 3<sup>rd</sup> Year Trustee – Mark Roberge



### FROM THE SENIOR VICE COMMANDER

Greetings everyone,

This year seems to be flying by with the various restrictions due to the COVID-19 Pandemic. Our Post continues to adapt to the mandated changes required by the State.

Regarding our business, thanks for your continued support of our Canteen and activities which have helped the Post survive financially!

Our latest fund raising/capital campaign is the new "Commemorative Ceiling Tile" outlined below.

**WHAT:** A 2' X 4' ceiling tile with up to five lines honoring a veteran which will reside in the hall ceiling. See example below.

**COST:** \$125.00 one-time charge.

**WHEN:** Beginning August 1, 2020 a form will be available at the Post and/or online to submit your request.

**HOW:** Detailed requirements will be outlined on the form. These include, but are not limited to the following:

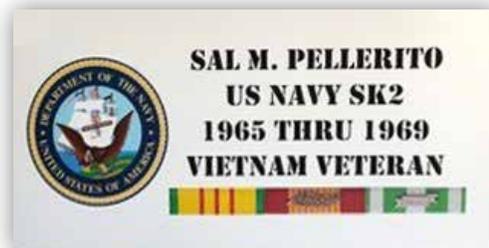
- Tiles Are Available To Honor All Veterans of Foreign Wars
- All Entries Will Be Reviewed By Committee Before Submission to the Sign Shop
- Multiple Names Are Accepted Adhering to the Five Line Maximum
- All Service Emblems Are Available
- No Advertising
- No Inappropriate Material

Stay safe everyone, hope to see everyone at the Post soon.

Thank you for your service.

*Sal Pellerito*

858-829-4532



### FROM THE JUNIOR VICE COMMANDER

Greetings Comrades,

As we close another month of the COVID-19 Pandemic, I hope this newsletter finds you all safe and healthy. During the month of August we will be arranging some weekends to set up booths outside some of our local businesses for our Poppy Drive. More so than any other year it is important to continue monthly booth drives to make up for all of our lost donations from the Air Show and all events that have already been canceled at our Post this year. I will be looking for volunteers to help me support the booth shifts as well as set up and take down. If we have enough volunteers we can have more shifts and generate more money for a great cause. We will have a signup sheet down at the Post or you can contact me directly at 858-956-4545. Thank you all for your continued support.

Respectfully,

*Jason Widmer*

FROM THE QUARTERMASTER:

Dear Comrades,

Another month of the pandemic has come and gone, but like everyone else we are doing our best to hang on. I would like to remind everyone that we are open for outside restaurant service, so please stop by and support the Post by purchasing a meal and a drink.

Please also remember that every Saturday we have a working party to clean and work on various odds and ends. Remember that volunteering is good for the soul and does a body good!

Thank you for your service!

*Fernando Law*

FROM THE MEMBERSHIP CHAIRMAN

**New Life Members**

- **Gilmore, Isaac C., USN.**  
Recruiter Richard Anderson.
- **Olps, Christopher S., USN.**  
Referred by John Carson. Recruiter Richard Anderson.

**Transfer Members**

- **Heinly, M.E., USMC.**  
Recruiter Bill Kimble.
- **Conkle, Benny J., USA.**  
Recruiter Richard Anderson.

**Renewal Members**

- **Lamar, Donald A., USN.**  
Recruiter Richard Anderson.

**Welcome Aboard!**

**Post Stats**

New members-1. Reinstated-0. Continuance-5. Total-5.  
Total members-670.

Percent-0.74%. Prior annuals-114. Retention-18.42%

*Richard Anderson*



**Movie Quote of the Month**

Movie quote of the month (free beverage of choice to the first person that corners me at the Post with the movie title of origin):

*"Te Ka can't follow us into the water. We make it past the barrier islands... we make it to Te Fiti. None of which you understand... because you are a chicken."*

Previous month's answer – The Silence of the Lambs

*Chad 'Axel' Foley*



Post 7907

**RECRUITING JUST GOT EASIER**

The "grapevine" or referral system produces an opportunity to recruit a number of new members. Each member of our Post knows veterans who are eligible for membership and might be interested in joining the VFW. Also, friends and co-workers may know veterans who may be eligible.

My job is to secure new members, reinstating former members who have expired and collecting dues from continuous members before they expire. Recruiting new and/or reinstated members is a matter of salesmanship and I have a talent for that.

I am asking our members to participate in the referral program. The referral program will produce a new 'lead' and a follow-up on that lead must be done quickly. This process is more fluid and quicker to submit the membership applications to the Quartermaster.

Here are a few easy steps to follow:

1. Are you a member in the VFW?
2. Ask for common military experiences, family and daily life.
3. Talk about our Post.
4. New leads will ask questions.
5. Your prospective lead will sense your enthusiasm and may join.
6. I will have our Post Membership Chairman (Richard Anderson) contact with more information and options available for you.
7. Get the 'leads' full name, phone number and email, and text that info to my cell phone: 1-619-322-3579.

Our Post has 670 members at this time. As members we have an active part in our Post's patriotic goal, community events, and youth activities. We are in District One which has 28 Posts. Our All-State status is recognized as a leader in this District. There are 277 Posts in California and 63,682 VFW and Auxiliary members. There are nearly 1.7 million VFW and Auxiliary members in the USA. VFW's national strategy puts our legislative muscle to work on Capitol Hill every day. Standing up for your rights. Fighting to protect funding for critical veterans programs. Mobilizing grassroots support to create citizenry of informed engaged veterans. Our voice on Capitol Hill cannot be ignored, and we will continue to fight for our fellow veterans.

Our Post membership goal is 110% plus 13 this year. So, your help will be gratefully appreciated for this challenge.

*"There are many paths to the top of the mountain, but only one view"*

*-Harry Millner*

Semper Fi,

*Richard Anderson*



Comrades,

A very nice letter of appreciation from a grateful family of OS1 Mike Siano VFW member:

July 11, 2020

Bill Kimble  
Post Commander  
Veterans of Foreign Wars, Post 7907  
12342 Old Pomerado Rd.  
Poway, CA 92064

Dear Commander Kimble,  
On behalf of the Siano, Nay and Bean families, I would like to extend a heartfelt thank you for Post 7907 Honor Guards participation in honoring the service and life of Operation Specialist First Class Michael Siano. The professionalism displayed by the Honor Guard made the service exceptionally special for our family during this difficult time.

We know that Mike was looking down from Heaven with the biggest smile at such a wonderful service that was performed in his honor. Thank you to Joe "Gunner" Vaineharrison for reaching out to our family as quickly as he did to offer his condolences and start the process for the burial ceremony. A special thank you to Chaplain Biadog, who was instrumental in reaching out to provide support to our family in our time of grief. I would like to personally thank each member of the Honor Guard for their kind words during the service. Commander Bill Kimble, John Carson, Richard Anderson, Ed Lapating and Chaplain Don Biadog. Please accept our deepest gratitude for making the service exceptional.

The flyovers by the various aircraft during the service was inspirational. Now Mike has the opportunity to watch each take off and landing of all aircraft with his perfect spot for his eternal rest. Thank you again for each part of the ceremony from the 21 gun salute to the playing of Taps by the bugler.

Thank you again for your support for our family.



R.D. Nay  
HMI (FMF), USN (Ret.)



God Bless,

*Chaplain Don Biadog, Jr*

"For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many." Mark 10:45 (NLT)

**1. Increase to the annual maximum for the TRICARE Dental Program (TDP):**

In response to COVID-19, the annual maximum for the TRICARE Dental Program (TDP) enrollees was raised. TDP enrollees now have an additional \$300 of coverage for their dental care this contract year. The contract year runs from May 1, 2020, to April 30, 2021. It's the latest of recent TRICARE changes introduced to improve your access to care during the national emergency due to the coronavirus pandemic.

If you're enrolled in TDP, here's what you need to know about the change:

- Your annual maximum increased from \$1,500 to \$1,800.
- This increase is in effect for this contract year (May 1, 2020–April 30, 2021).
- It applies to enrollees in the TDP CONUS and OCONUS service areas.
- It's automatic and doesn't require you to do anything.

The change to your TDP annual maximum may help you continue to get covered dental services from your provider and prevent you from having to pay more out of pocket. Keep in mind that the additional \$300 doesn't apply to all services. For example, orthodontic care has a lifetime maximum, which is separate from your annual one. However, the increase does apply to certain diagnostic care. To learn more about TDP maximums and covered dental services, read the TRICARE Dental Program Handbook, or go to the TDP website: <https://www.tricare.mil/CoveredServices/Dental/TDP>

**2. White House & VA Launch REACH:**

The White House and VA launched the REACH national public health campaign, which is a call to action to engage the nation in preventing suicide. The goal of REACH, which was established by the President's Roadmap to Empower Veterans and End a National Tragedy of Suicide (PREVENTS), is to change the conversation about suicide. "The REACH campaign will inspire and educate all Americans — encouraging them to share their own struggles and to reach out to those who are hurting. It will engage our Veterans to help lead the way as we change how we think about, talk about and address suicide," said PREVENTS Executive Director Dr. Barbara Van Dahlen.

**3. VA Offers Debt Relief to Veterans Through 2020:**

VA announced its commitment to extend debt relief through the end of 2020 to veterans adversely impacted by the COVID-19 pandemic. VA is suspending all actions on veteran debts under the jurisdiction of the Treasury Department. This includes the suspension of collection action or extending repayment terms on pre-existing VA debts, whichever the veteran prefers. For benefit debts, veterans should contact the VA Debt Management Center at 1.800.827.0648. For health care debts, veterans should contact the Health Resource Center at 1.866.400.1238 or <https://www.pay.gov>.

Remember, your Post Service Officer stands ready to serve you...

*Bud Lichtenstern*

★ *All Gave Some. Some Gave All.* ★

# VFW Post & Community Events

Good eats and responsible socially distant camaraderie at the Post.



# AUGUST 2020



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

**Please Note:** We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.

**Canteen Hours\*:** Mon-Tue 3:00 PM–9:00 PM | Wed 11:00 AM–9:00 PM | Thu-Sat 3:00 PM–9:00 PM | Sun 9:00 AM–6:00 PM

**COVID -19 Rules:** Masks must be worn unless seated. Guests must purchase food in order to buy alcohol.

*\*Closing hours subject to modification based on activity*

<p><b>Please Note:</b> We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.</p> <p><b>Canteen Hours*:</b> Mon-Tue 3:00 PM–9:00 PM   Wed 11:00 AM–9:00 PM   Thu-Sat 3:00 PM–9:00 PM   Sun 9:00 AM–6:00 PM</p> <p><b>COVID -19 Rules:</b> Masks must be worn unless seated. Guests must purchase food in order to buy alcohol.</p> <p><i>*Closing hours subject to modification based on activity</i></p>						1	
<p>2</p> <p><b>9:00 AM</b> SOS <i>Auxiliary</i> Donation: 8.00</p> 	3	4	<p>5</p> <p><b>11:30 AM</b> Lunch - TBA</p> <p><b>6:30 PM</b> House Chair Committee Meeting</p>	6	<p>6:00 PM</p> <p><b>VFW/AUX Roundtable &amp; Social Planning Meeting</b></p>	<p>7</p> <p><b>6:00 PM</b> Burger, potato salad, baked beans &amp; coleslaw <i>Auxiliary</i> Donation: 8.00</p> 	<p>8</p> <p><b>6:00 PM</b> Spaghetti, salad, bread &amp; dessert <i>Post</i> Donation: 10.00</p> 
<p>9</p> <p><b>9:00 AM</b> Biscuit &amp; gravy, bacon &amp; potatoes <i>Post Officers</i> Donation: 8.00</p> 	10	11	<p>12</p> <p><b>11:30 AM</b> Lunch - TBA</p>	13	<p>14</p> <p><b>6:00 PM</b> Burger, potato salad, baked beans &amp; coleslaw <i>Post</i> Donation: 8.00</p> 	<p>15</p> <p><b>6:00 pm</b> Steak, baked potato, salad &amp; dessert <i>Post</i> Donation: 15.00</p> 	
<p>16</p> <p><b>9:00 AM</b> Scrambled eggs, sausage &amp; potatoes <i>Auxiliary</i> Donation: 8.00</p> 	<p>17</p> <p><b>6:30 PM</b> VFW Post Officers Meeting</p>	18	<p>19</p> <p><b>11:30 AM</b> Lunch - TBA</p>	20 <p><b>7:00 PM</b> VFW 7907 Post Meeting</p>	<p>21</p> <p><b>6:00 PM</b> Burger, potato salad, baked beans &amp; coleslaw <i>Auxiliary</i> Donation: 8.00</p> 	<p>22</p> <p><b>6:00 PM</b> BBQ pork sandwich, coleslaw, beans &amp; dessert <i>Post</i> Donation: 10.00</p> 	
<p>23</p> <p><b>9:00 AM</b> Pancakes, scrambled eggs &amp; potatoes <i>Post Officers</i> Donation: 8.00</p> 	24	25	<p>26</p> <p><b>11:30 AM</b> Lunch - TBA</p>	27	<p>28</p> <p><b>6:00 PM</b> Burger, potato salad, baked beans &amp; coleslaw <i>Post</i> Donation: 8.00</p> 	<p>29</p> <p><b>6:00 PM</b> TBA <i>Auxiliary</i> Donation: 12.00</p>	
<p>30</p> <p><b>9:00 AM</b> Dickie Boys omelets or eggs-to-order, bacon, toast &amp; hash browns <i>Dickie Boys</i> Donation: 9.00</p> 	31	<div style="text-align: center;">  <p><b>Happy 230<sup>th</sup> Birthday August 4, 1790</b></p>  </div>					