



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



New Hours & Rules Due to COVID-19

Mon-Tuesday 3PM–9PM

Wednesday 11AM–9PM

Thursday, Friday, Saturday 3PM–9PM

Sunday 9AM–6PM

Masks must be worn unless seated.

**Guests must purchase food in
order to buy alcohol.**

4th of July party is CANCELLED.

All karaoke is CANCELLED.
(Including practice)



VFW Poway Post 7907



@vfw7907



Have an article for The Patriot? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with Newsletter Submission in the subject line.

COMMANDER'S CALL

Greetings everyone,

I am honored to have the opportunity to serve our Post as your new Commander. Thank you to all the men and women who have volunteered to take a position for the 20/21 term.

I understand and can sympathize with the struggles everyone is going through during these trying times. I know we will all try to do our very best. So with that said please be patient and understanding as we all waded through this muddy water.

My goals for the coming year:

1. Help as many veterans in need as we can.
2. Keep a close watch on our older Comrades and offer assistance if needed.
3. Make our Canteen the best it can be. A place where all Veterans, Auxiliary members, and friends and families can put some of life's troubles behind them just for a little bit and enjoy each other's company, laugh, make a new friend, or just relax.
4. Build membership. And I assure you we have the right man in the position to do that. Thank you Richard Anderson.

Please take a close look at our calendar. We are now open seven days a week, and we would like to stay open seven days a week. But to do that we will need some help. Remember that your support keeps the Canteen going and there would be no Canteen without you all.

So come on down, I am looking forward to seeing you. Let's make it a great summer.

As always, if you need me call me. My phone is always on.
858-722-2207

Cheers

Bill Kimble



Attachment of All-State pendant to our Post Flag

2020-2021 Officers



Post Commander – Bill Kimble
Sr. Vice Commander – Sal Pellerito
Jr. Vice Commander – Jason Widmer
Quartermaster – Fernando Law
Chaplain – Don Biadog, Jr.
Surgeon – Fred DiCarlo
Service Officer – Bud Lichtenstern
Adjutant – John Carson
Judge Advocate – Bill Morrison
Guard – Joe Cruther
1st Year Trustee – Bob Parks
2nd Year Trustee – Bill Bauerle
3rd Year Trustee – Don Biedermann
Officer of the Day – Don Hadix
House Committee Chair – Clint Dawson
Canteen Manager – Melissa Law
Maintenance Manager – Jason Widmer
Membership Chair – Richard Anderson

Auxiliary Officers

President – Shari Dunbar
Senior Vice President – Karen Kimble
Junior Vice President – Patti Caniglia
Secretary – Tom Hausherr
Treasurer – Jim Gordon
Chaplain – Sara Salazar
Conductor – Suzanne Kohlbrecher
Guard – Judy Hill
Auxiliary 1st Year Trustee – Lisa DuMolt
Auxiliary 2nd Year Trustee – Melissa Law
Auxiliary 3rd Year Trustee – Mark Roberge



FROM THE AUXILIARY PRESIDENT

Our Auxiliary looks forward to a new year and we are excited to work together with Post Commander Bill Kimble. The VFW Auxiliary contributes to a number of Veteran and their families' supportive organizations. At this time we have committee programs that I would like to fill and begin event planning and fundraising for. If you are interested in and would like more information on the Patriotic Pen/Art, the VA hospital, Buddy Poppy, National Home, Veterans and Family Support, Americanism or the Legislative programs please let me know. I would be happy to share more information on our programs with you. Sharikristine@gmail.com or 848-663-2686.

Shari Dunbar

FROM THE SENIOR VICE COMMANDER

Greetings to all,

Can it really be July already? A half year is gone and I for one would like to forget how this year has been.

I am really looking forward to serving this Post as your Senior Vice Commander. It is both an honor and a privilege to serve.

The Canteen is now open seven days a week and seems to be thriving. It's been great fun to be a volunteer bartender and I'm learning how to make a wide variety of drinks. I will admit to being stumped when asked to make a "Shirley Temple", fortunately we have a book behind the bar to help.

The Sunday Breakfast, Wednesday lunches, Friday Burger Burn and other exciting things are back on the calendar. Please continue to support our Post by attending these functions. We have a few months to try and catch up on.

The outdoor section of our Post has a new facelift. A big thank you to Don Stonecipher for getting a great deal from Lowes for six new picnic tables. Thank you to Richard Anderson and Ed Ozmun for helping me paint the tables with American flags.

Finally a huge thank you to Commander Bill Kimble for having the vision to set this area up with patio lights, music, and a bug zapper. This area is now the smoking section when the Post is serving meals.

Thank you for your service.

Sal Pellerito
858-829-4532

FROM THE JUNIOR VICE COMMANDER

Greetings to all of you and I hope this newsletter finds you all safe and healthy during this COVID-19 Pandemic. During our shutdown we were able to accomplish a good amount of maintenance and upgrades in the kitchen. Thanks to the donations of some of our generous sponsors and the volunteers from the Auxiliary, we were able to clean and detail the kitchen and tile, replace the kitchen lighting, paint the kitchen, remove and replace some of the cabinets, and clean and replace components of our exhaust hood. As a reminder we are always looking for more volunteers to help us with projects and on Saturdays 8:00 AM-1:00 PM. Thanks for all your help and support and I look forward to seeing you all down at the Post. Hope you all have a great 4th of July.

Respectfully

Jason Widmer

FROM THE QUARTERMASTER

I want to thank our VFW family and friends; we have received numerous donations that have helped us during this difficult time. Remember that we here to support each other and our Veterans, Please come to our Post, and support it by having a good time with family and friends.

I want to thank everyone for their hard work and dedication in making our Post one of the best in the country.

Thank you for your service!

Fernando Law

FROM THE SERVICE OFFICER

President Brings Veteran's Suicide to the Forefront

President Trump held a news conference at the White House to announce the President's Roadmap to Empower Veterans and End a National Tragedy of Suicide (PREVENTS) Task Force created by Executive Order 13861. After the press conference, FRA staff were invited to participate in the conference call with Barbara Van Dahlin, the executive director of PREVENTS, Department of Veterans Affairs Secretary Robert Wilkie and other senior White House officials.

PREVENTS seeks to change the culture surrounding mental health and suicide prevention through enhanced community integration, prioritized research activities, and the implementation of strategies that emphasize improved overall health and well-being. The goal of PREVENTS is to prevent suicide - not just among veterans but all Americans. By adopting a holistic public health approach, PREVENTS is acting on the knowledge that suicide prevention is everyone's business. By working together, both locally and nationally, they can prevent suicide. PREVENTS is building on the successes of suicide prevention pioneers and agencies that are working with service members and veterans. The PREVENTS Task Force is partnering with stakeholders from multiple sectors, including nonprofits, state and local organizations, Fortune 500 companies, and government leaders, to implement best practices to improve mental health and prevent suicide.

Remember, your Post Service Officer stands ready to serve you.....

Bud Lichtenstern

FROM THE JUDGE ADVOCATE

VFW Legislative Priority for 2020

Military Quality of Life

- Increase military base pay comparability with private sector wages.
- Protect and improve on-base quality of life programs.
- Ensure that military housing is safe and free of toxic substances.
- End the military retirement pay and VA disability compensation offset.
- Eliminate the Survivor Benefit Plan/Dependency and Indemnity Compensation offset.
- Increase the government's Thrift Savings Plan contribution.
- Eliminate sexual assaults in the military.
- Establish the Armed Forces University.
- Ensure equity of benefits for Reserve component service members.
- Improve stability and support for military families.

Bill Morrison

FROM THE MEMBERSHIP CHAIRMAN

New Life Member

- Harnish, Shawn R., USN.
Referral Bill Kimble. Recruiter Richard Anderson.

New Annual Member

- Grinaker, Gregory J., USMC.
Referral Bill Kimble. Recruiter Richard Anderson.

Transfer Member

- O'Malley, Patrick E., USA.
Referral Sal Pellerito. Recruiter Richard Anderson.

Welcome Aboard!

There will not be Post Stats for this report as it is too early to provide new Post Stats.

I am ready to do another term for our new Commander and Officers of this Post. All I can think about is "all ahead full".

Richard Anderson

FROM THE HOUSE COMMITTEE CHAIRMAN

Volunteers help keep our operating costs low and enable us to do more for ourselves and our fellow veterans. There is also a tax deductible added bonus included in your time spent volunteering at our VFW. Just a couple of hours one day a month makes a difference.

Thanks to Commander Bill Kimble, Commander Don Stonecipher, Sal Pellerito, Richard Anderson and Ed Ozmun for an outstanding job in getting the picnic tables at a huge discount, setting up and painting the picnic tables in our new outdoor dining area. Currently all of our bartenders are volunteers and managed by another outstanding volunteer Melissa Law. Please join me in saying thanks for their time the next time you visit the Post.

Thanks for your time and efforts!

Best Regards,

Clint Dawson

FROM THE CANTEN MANAGER

I want to welcome our new Commander Bill Kimble and his staff and wish them the best for the upcoming year.

I am pleased to announce that our Canteen has re-opened after the recent pandemic and our Post is now open every day. Please check our website for updated times. This has all been made possible by our excellent team of volunteer bartenders. If you have ever wanted to be "on the other side of the bar," please contact me to join our team.

Many thanks to the generosity of Commander Bill Kimble and Senior Vice Commander Sal Pellerito, who have donated the necessary equipment for us to offer several food options in our Canteen.

In closing, I want to thank all of our members for their patience and understanding during the recent closure.

Hope to see you soon.

Melissa Law

New Recreational Area at VFW Post 7907

By Richard Anderson

Commander Don Stonecipher procured six picnic tables for a back yard seating area for our Post members where they can assemble, eat meals, and enjoy our gorgeous trees. We call it our jungle. He made a heck of a good deal for those tables. OORAH!

Sal Pellerito came up with a great idea to paint those tables with a bold patriotic theme: red, white and blue. The underside of the tables and the seating area were painted with Valspar paint – “cosmic blue”. The table top was painted as the American flag. Sal painted all of the tables with some help from other volunteers. Bravo Zulu to Sal.

The next step will be adding umbrellas to each picnic table. We have them and they will be installed soon.

Commander Bill Kimble likes picket fences and he has already installed a section in our back yard area. They will be painted white. I am starting to call this area our “beer garden”.

Jason Widmer has volunteered to apply a sealant to all of the tables. Thank you Jason!

We have some Post members wanting to place their names on those tables which would be a plaque (ornamental tablet) on the table top in commemoration of a person or event. If members are interested please contact Commander Bill Kimble or Sal Pellerito for details. Donations for the plaques are a fund raiser for our Post.

I am overwhelmed with the energy of volunteers that have really stepped up to the plate and pitched in from our Post during our closure. VFW members and Auxiliary members involved in the kitchen, Canteen, hall, maintenance, entertainment, community events and other tasks. That’s a big WOW!

COVID-19 has challenged all of us. We won! No one does more for Veterans than Post 7907. 2020-2021 is going to be a great year.



VFW Post & Community Events

Officer Installation – June 15, 2020



2020-2021 Officers



CDR Don Stonecipher & CDR Elect Bill Kimble preparing for the installation ceremony



Incoming officers taking the oath of office.



We had a nice meal after the installation ceremony.



Past Post CDR Don Stonecipher & Past AUX President Mary Stonecipher.



Pablo Facun, Chaplain Don Biadog & Ed Lapating

VFW
NO ONE DOES MORE FOR VETERANS.

VFW Post & Community Events

Auxiliary Officer Installation–June 13, 2020



Auxiliary President Shari Dunbar with installing officer, Past Post Commander Howard Dunbar.



2020-2021 Auxiliary officers taking the oath of office.

UNWAVERING SUPPORT



FOR UNCOMMON HEROES®

VFW Post 2422 Visit - June 26, 2020

VFW Post 7907 Poway members (Bill Morrison (and son Josh), Pablo Facun, Don Biadog) walked more than four miles and visited VFW Post 2422 on June 26, 2020 in Coronado, CA. It was Pablo's first visit at Post 2422 during a special birthday celebration.



WEEKDAY SPECIALS!

BLOODY MARY SUNDAYS

\$3 Well Vodka

NO MONEY MONDAYS

\$1 Off ALL Drinks

TWOSDAYS

\$2 Domestic Beer Bottles

WHISKEY WEDNESDAYS

\$5 Premium Whiskeys

THIRSTY THURSDAYS

\$4.50 All Premium Draft Beers

















SHOT SPECIAL SATURDAYS

\$4.50 Shots

WFW
POST 7907

JULY 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.</p>			<p>1</p> <p>11:30 AM Patty melt & onion rings Donation: 8.00</p> <p>6:30 PM House Chair Committee Meeting</p> 	<p>2</p>	<p>3</p> <p>6:00 PM Burger, potato salad, baked bean & coleslaw Auxiliary Donation: 8.00</p> 	<p>4</p>
<p>5</p> <p>9:00 AM Eggs-to-order, hash browns, sausage, fresh fruit & toast Post Officers Donation: 8.00</p> 	<p>6</p>	<p>7</p>	<p>8</p> <p>11:30 AM Open-faced roast beef sandwich, mashed potatoes & green beans Donation: 8.00</p> 	<p>9</p> <p>6:00 PM VFW Auxiliary Meeting</p>	<p>10</p> <p>6:00 PM Burger, potato salad, baked bean & coleslaw Post Donation: 8.00</p> 	<p>11</p> <p>6:00 PM Spaghetti, salad, bread & dessert Donation: 10.00</p> 
<p>12</p> <p>9:00 AM French Toast, sausage & fresh fruit Auxiliary Donation: 8.00</p> 	<p>13</p> <p>6:00 PM VFW Post Officers Meeting</p>	<p>14</p>	<p>15</p> <p>11:30 AM Lasagna, sausage & beef, garlic toast & salad Donation: 8.00</p> 	<p>16</p> <p>7:00 PM VFW 7907 Post Meeting</p>	<p>17</p> <p>6:00 PM Burger, potato salad, baked bean & coleslaw Auxiliary Donation: 8.00</p> 	<p>18</p>
<p>19</p> <p>9:00 AM Pancakes, scrambled eggs, sausage & fresh fruit Post Officers Donation: 8.00</p> 	<p>20</p>	<p>21</p>	<p>22</p> <p>11:30 AM Fried fish, fries & cole slaw Donation: 8.00</p> 	<p>23</p> <p>7:00 PM VFW/AUX Roundtable & Social Planning Meeting</p>	<p>24</p> <p>6:00 PM Burger, potato salad, baked bean & coleslaw Post Donation: 8.00</p> 	<p>25</p> <p>6:00 PM Thanksgiving in July Turkey dinner with all the fixings & dessert Donation: 12.00</p> 
<p>26</p> <p>9:00 AM Dickie Boys omelets or eggs-to-order, bacon, toast & hash browns Dickie Boys Donation: 9.00</p> 	<p>27</p>	<p>28</p>	<p>29</p> <p>11:30 AM Mexican Fiesta Chicken enchilada, chile relleno (beef), rice, beans & salsa Ken & Amy Donation: 8.00</p> 	<p>30</p>	<p>31</p> <p>6:00 PM Burger, potato salad, baked bean & coleslaw Post/ Auxiliary Donation: 8.00</p> 	

Canteen Hours*: Mon-Tuesday 3:00 PM–9:00 PM | Wednesday 11:00 AM–9:00 PM | Thursday-Saturday 3:00 PM–9:00 PM | Sunday: 9:00 AM–6:00 PM

COVID -19 Rules: Masks must be worn unless seated. Guests must purchase food in order to buy alcohol.

**Closing hours subject to modification based on activity*