



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



POST MONTHLY MEETING SCHEDULE

Please Join Us

House Chair Committee Meeting

6:30 PM | 1st Thursday - Nov 7

VFW/AUX Roundtable & Social Planning Meeting

1:00 PM | 3rd Sunday - Nov 17

VFW Post Officer Meeting

6:30 PM | 3rd Monday - Nov 18

VFW 7907 Post Meeting

7:00 PM | 3rd Thursday - Nov 21

Auxiliary Monthly Meeting

6:00 PM | 2nd Thursday - Nov 10

Post House Chairman Clean Up/Working Party

8:00 AM | Saturday Mornings



VFW Poway Post 7907



@vfw7907



Never Forget

Have an article for *The Patriot*? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with *Newsletter Submission* in the subject line.

FROM THE COMMANDER

As in years and months past, we have a few Post members that are the mainstay of the Post and can always be counted on in fair and foul weather. There is, however, another group of people that may or may not be a Post or Auxiliary member that we rely on and we very seldom say "Thank you" too. They are the bartenders. I personally want to say "Thank you". In the first week of October, we had two private events that the Post greatly benefitted from that would not have turned out too well without the great support by Tracey and Mike.

As always, we could use more support. The Saturday clean-up is mostly a bust. I have shown up for the last three weeks, but am unable to help much. Jason is always there, so if you could give just an hour, it would help.

November is another busy month. Two major events are Veterans Day on 11/11 at 11 AM (being planned by our Senior Vice Bill Kimble) and a free Thanksgiving dinner being held on Sunday, November 24th starting at 1300. Support is needed for both events. Contact Bill for more information.

I did not forget the USMC Birthday on November 10th which is being handled by Gunner as he has done in the past. I asked him if he needed any help and he declined. However, please support if asked.

In closing, we are in need of an Adjutant. If you have good note-taking skills and okay computer skills, we need you. Please step up in support of the Post.

Don Stonecipher

FROM THE AUXILIARY PRESIDENT

July to October 2019

We have served two meals a month for a total of 10 meals and are starting to build funds for our Veterans programs. We have 4 chaired committees: MaryAnn Lapating-VA Hospital, Karen Kimble-Buddy Poppy, Jim Gordon-Membership and Patty Grosch-Americanism. 7907 Post and Auxiliary hosted the monthly District Auxiliary Membership Meeting on Oct 22nd which was the first time in over 5 years that it's been at our Post. Thank you Post officers, our cooks Bill Kimble and Howard Dunbar for cooking. It was fantastic! The District has awarded us number 1 in membership for Division 7 at 101.67%!

Thank you to everyone supporting our work, we cannot do it without you.

If you just attend a meal, a meeting, or chair a committee thank you for everything you do! *continued on page 2*

2018-2019 Officers



- Post Commander – Don Stonecipher
- Sr. Vice Commander – Bill Kimble
- Jr. Vice Commander – Sal Pellerito
- Quartermaster – Alan Helton
- Chaplain – Don Biadog
- Surgeon – Fred DiCarlo
- Service Officer – Bud Lichtenstern
- Adjutant –
- Judge Advocate – Bill Morrison
- Guard – Joe Cruther
- 1st Year Trustee – Pablo Facun
- 2nd Year Trustee – Howard Dunbar
- 3rd Year Trustee – Bill Bauerle
- Officer of the Day – Jason Widmer
- House Committee Chair – Bill Kimble
- Canteen Manager – Fernando Law
- Maintenance Manager – Jason Widmer
- Membership Chair – Richard Anderson

Auxiliary Officers

- President – Shari Dunbar
- Senior Vice President – Linda Miller
- Junior Vice President – Karen Kimble
- Secretary / Chaplain – Sara Salazar
- Treasurer – Jim Gordon
- Conductor – Robert Fenter
- Guard – James Jones
- Auxiliary 1st Year Trustee – Lisa DuMolt
- Auxiliary 2nd Year Trustee – Patty Grosch
- Auxiliary 3rd Year Trustee – Patti Caniglia



Welcome New Auxiliary Members!

- Marie Gunther
- Paula Miller
- Suzanne Kohlbrecher
- Lorene Linnehan
- Susan Rich
- Melissa Law

Shari Dunbar

FROM THE SENIOR VICE COMMANDER

Greetings from Senior Vice and House Committee Chairman.

The Post enjoyed yet another successful month. Again our comrades and volunteers really knocked it out of the park. The Burger Burns and Saturday Night Dinners are amazing and quite the buzz in Poway.

Would someone please let Howard Dunbar know I'm trying to lose weight? His comfort food is hard to pass up. Thanks Howard, you have a gift my friend.

A big shout out to Jason Widmer and his family. Jason and his Clan really beautified the Post grounds.

Now that October is in the rearview mirror I hope everyone had more treats than tricks. Let's keep the momentum rolling right into November, and as the commander said it is a very busy month. We are looking forward to our Veterans Day celebration and our Big Turkey Dinner. Please check your calendar for those dates. Anyone who would like to donate their favorite side dish for the turkey dinner please contact me.

I'm looking for some new ideas to make the Post even better so come down to the House Committee meeting and give us your input and enjoy a cold beverage.

Be kind to one another.

As always I'm here serve so call me if you need me anytime. (858)722-2207.

Cheers,

Bill Kimble



Movie Quote of the Month

Movie quote of the month (free beverage of choice to the first person that corners me at the Post with the movie title of origin):

"Let me get this straight. You know her. She knows you. But she wants to eat him. And everybody's okay with this?"

Previous month's answer – *Goodfellas*

Chad 'Axel' Foley

Comrades,

Last month I wrote about the exchanges that will be able to use even if you're not retired or 100 percent disabled. The information below was listed on *Militarytimes.com* this week. Since many people are interested, I decided to continue the information. Important points are below, but more information can be found in the full article at <https://www.militarytimes.com/pay-benefits/2019/10/21/more-questions-answered-as-installations-get-ready-for-the-potential-3-million-extra-shoppers/>

A little more than two months before a new shopping benefit takes effect for about 3 million newly eligible shoppers, defense officials have tested and rolled out the system that will allow these shoppers through the gates.

Starting Jan. 1, all Department of Veterans Affairs service-connected disabled veterans, Purple Heart recipients, former prisoners of war and primary veteran caregivers will be eligible to shop at commissaries and exchanges on base, and to use certain morale, welfare and recreation facilities. All veterans with VA service-connected disability ratings of 0 to 90 percent are newly eligible.

Service-connected disabled and other veterans who are newly eligible will use their Veteran's Health ID card, or VHIC, to gain access to the installation, and to shop.

The fiscal 2019 National Defense Authorization Act expanded the pool of eligible shoppers. The expansion also applies to Coast Guard facilities. The law also included Medal of Honor recipients, but they already had shopping privileges. Previously, veterans with 100 percent service-connected disabilities were able to shop; now all with service-connected disabilities can shop.

The benefit extends to MWR programs that are "revenue-generating facilities," according to the law. One example is golf courses.

Don't have a VHIC card, but you're eligible?

Officials have also come up with a system that will allow access for about 37,000 veterans who qualify for the new benefits, but aren't eligible for the VHIC. The only eligible veterans who aren't currently eligible for a VHIC are those veterans with a zero percent service-connected disability rating whose income exceeds the Housing and Urban Development indices, Maxwell said.

"The VA will provide a letter to these disabled veterans indicating they are eligible for these privileges, even if not eligible for the VHIC," she said.

That letter, along with a driver's license, passport or other authorized form of ID, will allow these newly eligible shoppers access to the installation, and allow them to use the privilege at commissaries, exchanges and designated MWR facilities.

This is similar to the process for veteran caregivers. The benefit applies to the primary caregiver of wounded/injured veterans who are registered in the VA caregiver program. The VA will post a memo to VA.gov for caregivers, to be used for access at the front gate, along with a driver's license, passport or other authorized form of ID.

Can my spouse shop, too?

Theoretically, no. However, your spouse and family members can come into the stores with you, but they just can't buy anything.

Thank you for your Service, Happy Veterans Day!

Sincerely,

Sal Pellerito

Comrades,

Big shout out and thank you to all who supported the Air Show! This year we did much better than last year. Some numbers for those so inclined...

18 new members
8000 Poppies distributed
1500 Airplanes given away
Goodwill-Priceless

Special thanks to Chad for the logistical support and Chaps and Chad getting a piece of the Twin Towers for display next to our Tent. That was a huge attention getter and a remarkable piece of history to have.

NEVER FORGET what we do.

Vets helping Vets.

All the Best in Health and Happiness,

Bill Morrison

More From the Air Show - Sept 27-29, 2019



The piece of steel from the 43rd Floor of the South tower of the World Trade Center next to our tent. Photo credit: Don Biadog, Jr.



Recruiter extraordinaire Richard Anderson talking with two potential new members. Photo credit: Don Biadog, Jr.

Many thanks to the volunteers who make our Post a great place for fellowship and camaraderie.

I just want to remind everyone that we own our ATM and all the transaction fees go to the Post. The ATM has raised close to \$200 a month since we purchased it in February. If you have USAA or Navy Federal Credit Union you will be reimbursed for the transaction fees. FREE MONEY to the Post!

Please also remember that every Saturday we have a working party to clean and work on various odds and ends. Remember that volunteering is good for the soul and does a body good!

Don't forget to join us for football on Sundays, Monday, and Thursdays, and as always:

Thank you for your service!

Fernando Law

In the October meeting, the Post voted in the following members:

New Annual Members

- Fry, Brian P., USMC. Recruiter Richard Anderson
- Tabilin, Leo R., USMC. Recruiter Bill Morrison
- Wacht, Loren R. Jr, USN. Recruiter Richard Anderson

New Life Members

- Dicenso, Stephen, USN. Recruiter Richard Anderson
- True, Everett R., USA. Recruiter Richard Anderson
- Kelly, Steven L., USN. Recruiter Richard Anderson
- Stratmann, Christopher A., USN. Recruiter Bill Morrison
- Biadog, Manual A. USN. Recruiter Richard Anderson
- Ramirez, Arturo, USA. Recruiter Richard Anderson
- Good, Michael P., USA. Recruiter Richard Anderson
- Bottorff, Ezekiel N., USMC. Recruiter Bill Morrison
- Alvarez, Angelo A. USMC. Recruiter Richard Anderson
- Cole, Joshua A., USMC. Recruiter Richard Anderson
- Carpio, Lawrence A., USAF. Recruiter Richard Anderson
- Hahn, Matthew R., USN. Recruiter Richard Anderson
- Breede, Adam M., USN. Recruiter Alan Helton.

Transfer Member

- Schumacher, Sarah C, USA. Recruiter Richard Anderson
- Delveccio, Rafael J., USN. Recruiter Richard Anderson
- Jourdan, Kenneth W., USMC. Recruiter Richard Anderson
- Vizcarra, Benito, USA. Recruiter Robert Barron.

Welcome Aboard!

Post Stats: New members 16, Transfer 4, Reinstated 2, Continued 21. Percent is 93.02%, Retention 24.56%. Total members 600.

Richard Anderson

We have had a busy month here at the Post. We have completed the reconfiguration of the hall closet that included electrical, replacement of drywall, texture, painting, and installation of a new door to accommodate for more storage. We also completed the fall clean-up and shrub trimming of the Post's exterior landscaping. A special thanks to Bill Kimble for replacing the thermometer, door handle and chiller fan on our walk-in cooler and to Fernando and Melissa for the all their hard work. I also would like to thank Leroy and Judy for all their extra work helping with the Burger Burns and functions this last month. We will be starting the remodeling of the men's restroom on November 1, 2019 and have set a completion date of November 30, 2019. Also as a reminder we need volunteers to help us with maintenance work on Saturdays. If you know of youths that need community service hours please let them know we are at the Post on Saturdays from 8:00 - 12:00 weekly.

Respectfully,

Jason Widmer



I WANT YOU FOR THE SATURDAY MORNING WORK PARTY
 Each Saturday at 8:00 AM at the Post
 For more info contact Bill Kimble

Comrades,

Some great info on the VA Dental Program and expanded eligibility for service connected disabled veterans.

Dental Benefits for Veterans

Comrades, here is some great info on VA dental care and the links to give you information about the VA dental program for retirees.

To better understand if you are qualified for VA dental care, open the link below

What VA dental care benefits do I qualify for?

For qualified Veterans, here are some of the many services offered by VA Dentistry:

- Regularly scheduled cleaning and x-rays.
- Comfortable, well-fitting dentures.
- Oral surgery such as tooth extractions.
- Access to oral and facial reconstruction surgery resulting from trauma or serious illness.

https://www.va.gov/healthbenefits/resources/publications/IB10-442_dental_benefits_for_veterans.pdf

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If you're eligible but not yet enrolled in VA health care, you can apply online using this webpage; <https://www.va.gov/health-care/apply/application/introduction>

Of NOTE, if you're not eligible, you may still enroll in VA health care and may purchase dental insurance at a reduced cost through this link for VA Dental Insurance Program (VADIP)

<https://www.va.gov/healthbenefits/VADIP/>

On-Base Commissary Shopping Eligibility Expands January. 1, 2020
 Beginning in the new year more than 3 million service-connected disabled veterans with VA ratings from zero to 90 percent will be authorized on-base exchange and commissary shopping privileges, as well as access to certain MWR facilities, but you must have a VA-issued Veteran Health Identification Card, or VHIC, to gain access.

The VHIC is issued only to veterans who are enrolled in the VA health care system. You can apply online, or in person at your local VA medical facility. Family members of the newly eligible veterans will not be authorized to shop, but will be permitted on-base as guests of the VHIC-carrying veteran.

Veterans who do not reside near a military installation can still shop online at the four military exchanges. Search for stores at ShopMyExchange, Marine Corps Exchange, Navy Exchange, and Coast Guard Exchange. Caregivers will be processed differently, initially, since they have no military or VA affiliation.

The VA will post a memo to VA.gov for caregivers to be used for access at the front gate, along with a driver's license. This process is expected to transition to a caregiver-type ID card, which will have scanning swipe capability. One hundred percent disabled veterans, their spouses, and eligible dependents already have access because they are issued military identification cards.

As always, your Post Service Officer stands ready to assist you.

Bud Lichtenstern

UPCOMING EVENTS

**JOIN US
AT THE POST FOR THE
FOLLOWING EVENTS:**

RAY CHAVEZ MEMORIAL DINNER
DEC. - DATE TBD

RICK TROTTER BAND PERFORMS
DEC 14

RICK TROTTER BAND PERFORMS
JAN 11

DON'T MISS OUT ON ALL THE FUN!



Join Us Fridays for

Friday Burgers & Karaoke

Karaoke at 5:00 PM | Dinner at 6:00 PM

Burger & premium beer 9.00

Burger & domestic beer 7.00

Burger only 5.00

Volunteers always needed & greatly appreciated!

VFW AUXILIARY 7907 HOSTS

DINNER

Saturday, Nov 16 | 6:00 PM



Spaghetti & meatballs, salad,
garlic toast & dessert

Donation: 10.00

BREAKFAST

Sunday, Nov 17 | 9:00 AM



Scrambled eggs, hash browns,
bacon & fresh fruit

Donation: 8.00

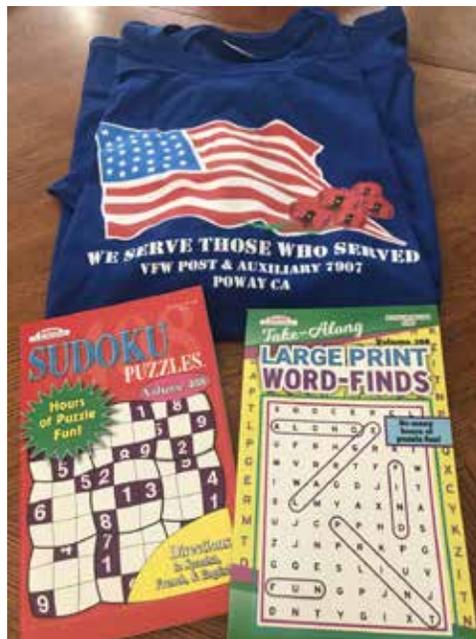
VFW Post & Community Events

VA Hospital Visit - October 23, 2019



Thanks to MaryAnn & Judy for all their work on the bags & organizing of the visit. (LtoR) Judy Hill, MaryAnn Lapating, Karen Kimble, Patti Caniglia, Marie Gunther, Traci Gordon, Chad & Anna Foley, Robert Fenter, Ida Campbell, Leroy Hill & Ed Lapating.

★ *We Serve Those Who Served* ★



Thank you to all who donated items that enable us to help out our fellow veterans. The first two images show contents of the bags and the third image is the final assembled bags that were handed out during the visit.



P R E S E N T S

KARAOKE CONTEST

Join Us for the Finale
November 1, 2019

Sep/Oct 2019 Karaoke Contest Winners:

- Desiree Chambers
- Elizabeth Ellison
- Joylani Nicolas
- Lois Hofmann
- Nathan Timms
- Randy Aspuria
- Trini Smith

Come cheer for your favorite.

Singing 5:00 PM | Dinner 6:00 PM
Small Donation for Dinner

Contest begins @ 7:00 PM

Full contest rules available at Post 7907



LT Fred L. Kent Post 7907
12342 Old Pomerado Road
Poway, CA 92064

858-748-7907 | www.vfw7907.com

Attention all Marines!

Please join the Joint Honor Guard as we celebrate the
244th Birthday of our beloved Corps.

November 10, 2018 at 1100.

12342 Old Pomerado Road

Poway CA 92064

(858) 748-7907

Uniform of the day is casual.

We will be honoring our fellow Marines who gave their last
full measure.

Traditional reading of Lt Gen Lejeune's message.

Our Commandants message.

Cake cutting.

Recognition of the youngest and oldest Marine present.

Free SOS meal (**while supplies last**) for all Marines.

Please join us for a time of fellowship and great sea
stories.

Point of contact for this event is Gunner
Vaineharrison. Email JHG7907@aol.com





VETERANS DAY

SUNDAY NOVEMBER 11, 2019 | 11:00 AM

Join VFW Post 7907 at the
Poway Veterans Park located at
14134 Midland Rd, Poway, CA 92064
as we *Honor All Who Serve*

Event includes:

Recognition of All Veterans and
the Family Members Who Support Them

Cannon Firing

Bagpipe Medley by San Diego Emerald Society

Guest Speakers:

CWO2 Sonny Cataldo, USCG, Retired

ME1 Nicolas Cataldo, USCG

On display, a piece of steel from
World Trade Center South Tower 43rd Floor



Lunch to follow (*Donations welcome*) at

VFW Post 7907

12342 Old Pomerado Rd, Poway CA 92064

858.748.7907





Join us at the Post for a fabulous

Thanksgiving Dinner

Sunday, November 24 | 1:00 PM

Turkey & all the fixings

Side dishes welcomed

**Please contact Bill Kimble 858-722-2207
to let him know what you are bringing**

Free will donation

Never Forget

Dates to Remember



November 4, 2004 - Operation Phantom Fury begins in Northern Babel, Iraq. In this photo Marines take a knee and keep an eye out for insurgents, during their push deeper into the city of Fallujah during Operation Phantom Fury in November 2004. Photo credit: Lucian Read



November 11, 1918 - World War I ends. In this photo the announcement of the armistice was the occasion for a monster celebration in Philadelphia, PA. Thousands massed on all sides of the replica of the Statue of Liberty on Broad Street, and cheered unceasingly.



November 11, 1921 - The first interment ceremony is held at the Tomb of the Unknown Soldier.



November 13, 1982 - Dedication of Vietnam War Memorial.



November 19, 1863 - Lincoln gives the Gettysburg Address. This photo is one of the two confirmed photos of Lincoln (center, facing camera) at Gettysburg, taken about noon, just after he arrived and some three hours before his speech. To his right is his bodyguard, Ward Hill Lamon.



November 27, 1950 - Battle of Chosin Reservoir begins. In this photo Marines under cover of large boulders engage enemy forces who were unsuccessful in trapping the Marines. Photo credit: Sergeant Frank C. Kerr, U.S. Marines (Official Marine Corps Photo # A5465)

NOVEMBER 2019



Sun Mon Tue Wed Thu Fri Sat

<p>Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.</p>					<p>6:00 PM Burger, potato salad & domestic beer Donation: 7.00</p> <p>7:00 - 8:00 PM Karaoke Contest Finale</p> 	<p>6:00 PM Lasagna, salad & garlic toast Donation: 10.00</p> 
					<p>9:00 AM Blueberry pancakes, scrambled eggs, sausage & fruit Donation: 8.00</p> 	<p>11:30 AM - 1:30 PM Tacos & coleslaw Donation: 8.00</p> 
<p>9:00 AM No breakfast</p> <p>11:00 AM - 1:00 PM Marine Corps 244th Birthday SOS meal (while supplies last), Cake Cutting & more</p>	<p>Veterans Day 11:00 AM at Poway Veterans Park 12:30 PM Lunch at the Post Donation: Free will</p>	<p>11:30 AM Open-faced pork sandwich, mashed potatoes, gravy & veggies Donation: 8.00</p> 	<p>6:00 PM VFW Auxiliary Meeting</p>	<p>6:00 PM Burger, potato salad & domestic beer Donation: 7.00</p> 	<p>6:00 PM Spaghetti & meatballs, salad, garlic toast & dessert Donation: 10.00</p> 	
<p>9:00 AM Scrambled eggs, hash browns, bacon & fresh fruit Donation: 8.00</p> <p>1:00 PM VFW / AUX Roundtable Meeting</p> 	<p>11:30 AM - 1:30 PM Fancy grilled cheese & fries Donation: 5.00</p> <p>6:00 PM VFW CDR/Officer Meeting</p> 	<p>11:30 AM Grilled cheese & tomato sandwich with tomato soup Donation: 8.00</p> 	<p>7:00 PM VFW 7907 Post Meeting</p>	<p>6:00 PM Burger, potato salad & domestic beer Donation: 7.00</p> 	<p>6:00 PM Pork loin, mashed potatoes & gravy, veggies & salad Donation: 12.00</p> 	
<p>1:00 PM Thanksgiving Feast Turkey with all the fixings. Side dishes welcome Free will Donation</p> 	<p>11:30 AM - 1:30 PM Submarine sandwich & chips Donation: 5.00</p> 	<p>11:30 AM Patty melt & frings Donation: 8.00</p> 	<p>Happy Thanksgiving Closed</p> 	<p>6:00 PM Beef enchiladas, rice & beans Donation: 10.00</p> 		

★ All Gave Some. Some Gave All. ★

Canteen Hours*: Sun: 9:00 AM-3:00 PM | Mon: 11:00 AM-3:00 PM | Tue: Closed | Wed: 11:00 AM-9:00 PM | Thu-Sat: 3:00-9:00 PM

*Closing hours subject to modification based on activity