News From LT Fred L. Kent • VFW Post 7907 Poway, CA



Post 7907



POST MONTHLY MEETING SCHEDULE

Please Join Us

VFW/AUX Roundtable & Social Planning Meeting 6:00 PM | Thursday - Oct 5

> VFW Post Officer Meeting 6:00 PM | Monday - Oct 16

House Committee Chair Meeting 6:00 PM | Thursday - Oct 19

> VFW 7907 Post Meeting 7:00 PM | Thursday - Oct 19

Auxiliary General Meeting 6:00 PM | Tuesday - Oct 10

House Chairman Clean Up/Working Party 8:00 AM | Saturday Mornings









VFWPost7907

VFWPost7907Aux

Have an article for *The Patriot?* Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with *Newsletter Submission* in the subject line.

COMMANDER'S CALL:

Comrades, Auxiliary, Friends, and Family,

I am already sounding like a broken record, THANK YOU! Thank you to everyone who has come out to the Post in September. Thank you to every volunteer and everyone who makes our Post the best in the district, if not the state. Special thanks go out to Clint, Dee, Aaron, and our Auxiliary President Deborah for helping at the rodeo in our booth. The rodeo was a great time and we spread the word about the Poway VFW!

While we have had a great month, we need to continue to strive to get better. This month, I challenge every one of you to bring someone new to the Post for a Friday night or another event on our calendar. New people and new eyes are going to bring in new members, help as volunteers, and assist us in reaching more veterans. Once we do have new people in the doors, please make them feel welcome and ask them about membership (Aux and Post).

October is going to be an exciting month! Our participation in the Poway Fall Festival and our Annual Golf Tournament are always huge hits! Please reach out to our canteen manager about playing in the tournament if you have not already.

I know the holidays are approaching and that can bring on many different challenges for many of us. If you know of a veteran or active duty family that could use a hand this year, please let me or any of our Post/Auxiliary officers know. The Post and its members are here to help and listen. I know our community is capable of great things when needed.

Finally, we are in our final days leading up to the North County Stand Down. Please bring your donations of new, "never used" sleeping bags to the Post. The North County Stand Down is where a large number of veterans receive care and assistance every year. If we can do our small part, I know we can make an impact in making someone's life a little more comfortable.

Thank you again for making our Post an example Post throughout our district. Our members (Post and Auxiliary) are all very vital to our mission of helping veterans. The teamwork is very much appreciated. As always, I am here for us and if you need anything, please don't hesitate to reach out.

Semper Fidelis,

John Carson 858-335-7040 John.R.Carson@gmail.com

2023-2024 Officers \\



Post Commander – John Carson

Sr. Vice Commander - Paul Swanson

Jr. Vice Commander – Jason Widmer

Quartermaster - Clint Dawson

Chaplain – Don Biadog, Jr.

Surgeon - Fred DiCarlo

Service Officer - Ed Ozmun

Adjutant - Deanna Smith

Judge Advocate – Bill Morrison

Guard – Adison Fernandez

1st Year Trustee – Vern DuMolt

2nd Year Trustee – Mark Burdette

3rd Year Trustee - Oscar Rocha

Officer of the Day - Pat Anamosa

House Committee Chairman – Tim Ragnar

Canteen Manager – Dawn Ragnar

Maintenance Manager – Jason Widmer

Membership Chair – Aaron Spaulding

Auxiliary Officers

President - Deborah Sellers

Sr. Vice President - Suzanne Kohlbrecher

Jr. Vice President - Evelyn Hummel

Secretary – Christina Swanson

Treasurer – Dawn Ragnar

Chaplain – Christy Schiltz

Conductress – Karen Kimble

Guard – Linda Miller

1st Year Trustee – Patti Caniglia

2nd Year Trustee – Shari Dunbar

3rd Year Trustee – Connie Houk



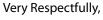
From the Auxiliary President:

Welcome to October with the cooler days of fall and shorter daylight hours. It's officially the beginning of the holiday season. We have a lot of events to look forward to so check the calendar. If you haven't joined us for our Friday night dinners, come by for good food and live music. Thank you to all who contribute your time and support it helps to make our Post awesome. See you at our Auxiliary meeting on Oct 10th.

Deborah Sellers

FROM THE MEMBERSHIP COORDINATOR

Promote patriotism within your community to all citizens young and old, receive free, professional help filing or appealing a VA claim, and maintain your membership in any Post you choose, worldwide. Thank you!



Aaron Spaulding



Please Scan this QR code for membership renewal.

I WANT YOU FOR THE SATURDAY MORNING WORK PARTY

Each Saturday at 8:00 AM at the Post For more info contact Tim Ragnar timragnar@gmail.com



BUNCONGHT

OCTOBER 24TH

DINNER SERVED 5PM

BUNCO START 6PM

RSVP REQUIRED AT VFW7907EVENTS@GMAIL.COM

RED provides services to active duty members before they deploy when they are deployed, and when they get home. For more information please check out RED especially if you know someone who is deploying, website https://remembereveryonedeployed. wildapricot.org/



We now have Zelle which you can use to send donations or pay for items at the Post. Just use vfw7907@gmail.com and add a note to let us know where to apply the money.

Special thanks to all who helped support Ribaplooza!!!

*** The first person who says Ribaplooza to me gets a free drink *** Clint Dawson

Welcome Home!

Chad Kostner - September 28,2023



Chad Kostner (center) VFW Life Member returned from deployment and surprised his kids at the Post. Pictured here with (L to R) Aux Treasurer Dawn Ragnar, House Committee Chairman Tim Ragnar, QM Clint Dawson & CDR John Carson.



Chad and family all smiles happy to be back together again.

From the Canteen Manager:

Welcome to Fall Y'all

I would like to thank the entire crew of gentlemen who started cooking at 1_{AM} on the 23rd to make our Ribapalooza fundraiser a success! I'd also like to thank everyone who purchased tickets (a total of 67 dinners were sold). We were able to add another \$1700 to our donations to Shelter to Soldier, Of course, a VERY special thank you to the bartenders that donated their tips in September.

If you have not booked your October 7th, COMEDY show & dinner tickets, please do so no later than 10/5. Tickets were previously only available online. Effective 10/1, there will be a limited number of paper tickets at the Post. Seating is limited and this event is TICKETED ONLY so get yours soon! See page 8 for details and tickets.

October 9th is right around the corner and we are still in need of golfers! If you're interested in playing, please email vfw7907events@gmail.com.

I can't believe I'm writing this BUT we are starting the process of getting kids wish lists for our annual Military Christmas gift drive. In an effort to raise money for this, we will be having a steak dinner & TRIVIA fundraiser on Saturday, November 4th. If you are interested in sponsoring a child (or an entire family), please email vfw7907events@gmail.com. For full details, see page 10.

Canteen Specials...

Sam Adams Oktoberfest - \$4

Poison Apple cocktail - \$4

Truly Vodka - \$4



Wear Pink To Show Support of Breast Cancer Awareness And Get Strawberry Margarita's For Only \$3!

October Special Events - Taking Place at the Post

Oct 1 - CLOSED FOR POWAY DAYS STREET FAIR

Oct 7 – Comedy Show & Dinner (ticketed event – no walk ins)

Oct 24 – Bunco Night & Dinner – 5рм dinner & 6рм Bunco

Oct 27 - Halloween Party & Costume Contest

Oct 28 - POST IS CLOSED DUE TO 2 DIFFERENT SPECIAL EVENTS

Dates to Save - Upcoming Events at the Post

Nov 4 – TRIVIA & Steak Dinner FUNDRAISER for Kids Christmas

Nov 11 – Veterans Day

Nov 23 - 26 CLOSED FOR HOLIDAY

Dec 9 – Post & Auxiliary Christmas Party

The Promise & the Power

Mark 14:27-31, 32-42 (Matt 26:36-46; Lk 22:39-46)

By way of introduction.... Something to Smile About:

12 Things You'll Regret When You're Old

- 1. Refusing to travel when you have the chance.
- 2. Not learning another language.
- 3. Failing to make physical fitness a priority.
- 4. Not trying harder in school.
- 5. Being afraid to say, "I love you."
- 6. Not listening to your parents' advice.
- 7. Caring too much about what other people think.
- 8. Holding grudges, especially with those you love.
- 9. Not helping or volunteering enough.
- 10. Missing the chance to ask your grandparents questions before they die.
- 11. Not playing with your kids enough.
- 12. Not praying enough.

"When you're old, you'll realize your kid went from wanting to play with you to wanting you out of their room in the blink of an eye."

You can talk to God anywhere, anytime, anyplace, and all time. The psalmist prays, "Lord, you know the hopes of the helpless. Surely You will hear their cries and comfort them." Psalm 10:17 (NLT)

Now, let's talk about the importance of promise, the power of presence and prayer.

First, when Jesus made a promise, He fulfilled it. He gave His disciples a word of encouragement, "He would rise from the dead and meet them in Galilee. This was now the fifth mention of His resurrection (Mark 8:31; 9:9, 31; 10:34), but the disciples simply did not grasp the message."

Second, when we go through tough times in life, it is comforting to know the power of His presence and His friends. Jesus asked the presence of His three disciples (Peter, James, and John) to join up with Him in Gethsemane ("Oil Press"). He also asked them to watch and pray. Jesus knew the importance of the power of presence and prayers of friends.

Third, when we go through tough times in life, it is comforting to know the power of earnest prayers. The Bible says, "Ask me and I will tell you remarkable secrets you do not know about things to come (Jeremiah 33:3) NLT. Jesus said, "I tell you, you can pray for anything, and if you believe that you've received it, it will be yours." (Mark 11:24) NLT. The psalmist proclaims, "The Lord is close to all who call on him, yes, to all who call on him in truth." (Psalm 145:18) NLT.

The Promise His Resurrection & the Power of His Presence and Prayer

1. The Promise – Jesus would rise from the dead (Mark 14:28)
"But after I am raised from the dead, I will go ahead of you to Galilee and meet you there." Mark 14:28 NLT.

Jesus quoted Zech. 13:7 to warn the disciples not to linger or to follow Him after His arrest. He also gave them a word of

encouragement: He would rise from the dead and meet them in Galilee. This was now the fifth mention of His resurrection (Mark 8:31; 9:9, 31; 10:34), but the disciples simply did not grasp the message.

Douglas MacArthur, an American military leader who served as General of the Army for the United States, as well as a field marshal to the Philippine Army. MacArthur received the Medal of Honor for his service in the Philippines campaign. MacArthur was ordered by President Roosevelt to leave the Philippines on 11 March 1942. MacArthur and members of his family and staff left the Philippine Island of Corregidor and his forces, which were surrounded by the Japanese. They traveled in PT boats through stormy seas patrolled by Japanese warships and reached Mindanao two days later.

After leaving Philippines reluctantly, GEN MacArthur promised to return. He arrived safely in Melbourne, Australia by train on 21 March 1942. In Australia, he made a speech in which he declared, "I came through and I shall return".

MacArthur made that promise to his forces he left behind and to the Filipino people. I reality, GEN MacArthur was not 100% sure if he could return. He was an imperfect human being. Only God can truly promise and fulfill the promise He made. By God's grace and history were kind to MacArthur. He did finally return and landed on October 20, 1944, in Palo, Leyte, Philippines.

Jesus made the promise to His disciples to rise from the grave after three days. He did!

Jesus also knew the importance of the power of presence and prayers of friends.

2. The Power of Presence – Jesus wanted His friends to go with Him (vv. 32-33)

³² "They went to the olive grove called Gethsemane, and Jesus said, "Sit here while I go and pray." ³³ He took Peter, James, and John with him, and he became deeply troubled and distressed. (Mark 14:32-33) NLT.

His disciples' presence would give Him encouragement, companionship, and comfort.

3. The Power of Prayer – Jesus prayed three times and asked His disciples to watch and pray with Him three times. (vv Mark 14:32, 35-41 – Note: Matthew 26: 39 & 42)

Here's the record of Jesus' praying in Gethsemane.

³²They went to the olive grove called Gethsemane, and Jesus said, "Sit here while I go and pray."

³⁵ He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. ³⁶ "Abba, Father," [a] he cried out, "everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine."

³⁷Then he returned and found the disciples asleep. He said to Peter, "Simon, are you asleep? Couldn't you watch with me even one hour? ³⁸ Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak."

³⁹ Then Jesus left them again and prayed the same prayer as before. ⁴⁰ When he returned to them again, he found them sleeping, for they couldn't keep their eyes open. And they didn't know what to say.

⁴¹ When he returned to them the third time, he said, "Go ahead and sleep. Have your rest. But no—the time has come. The Son of Man is betrayed into the hands of sinners.

In summary, when we go through tough times in life, it is comforting to know the promise of our LORD and His resurrection. The risen LORD Jesus Christ has overcome Death, the Devil, Sin, and the godless world around us. He promises victory to us over our spiritual enemies. Stay strong and motivated every day! Awareness of His daily presence is the key to a victorious life. When temptations come, remember God is Always Ready to help (Psalm 46:1). Praying to God every day is a must for every believer of Jesus Christ. When I was in Iraq, prayer was the most important request from my fellow service members in combat. God said, "In those days when you pray, I will listen." Jeremiah 29:12. END

Don Biadog, Jr.

Note

Jesus, the Submissive Son (Mark 14:27-42)

When they arrived at Gethsemane (meaning "oil press"), Jesus quoted Zech. 13:7 to warn the disciples not to linger or to follow Him after His arrest. He also gave them a word of encouragement: He would rise from the dead and meet them in Galilee. This was now the fifth mention of His resurrection (8:31; 9:9, 31; 10:34), but the disciples simply did not grasp the message.

The phrases "sore amazed," "very heavy," and "exceedingly sorrowful" reveal the human suffering of our Lord in the Garden (Heb. 5:7-8). He was overwhelmed with anguish as He contemplated taking "the cup": being made sin on the cross and being separated from the Father. The presence and prayers of His friends would have meant so much to Him, but they went to sleep! "The hour had come" (John 2:4; 7:30; 8:20; 12:23; 13:1; 17:1), and He was ready to do the Father's will.

Source: Warren W. Wiersbe, Wiersbe's Expository Outlines on the New Testament, (Colorado Springs, CO: Victor, 1992), WORDsearch CROSS e-book, 138.

Photos by Don Biadog



The photo of the doubled life-sized bronze statue of General Douglas MacArthur (Left), an American five-star General and Field Marshal of the Philippine Army, and the North Dock pier (Right) was taken on April 24, 2014. GEN MacArthur departed Corregidor Island, Philippines on Wednesday March 11, 1942. LT (USN) John Bulkeley (Ret later as RADM) picked up GEN

MacArthur, his family (Jean and Arthur), and 17 selected staff using four PT Boats numbers 32, 34, 35, and 41. While on travel in Terowie railway station in South Australia on March 20, 1942, MacArthur uttered the famous speech, "I came through and I shall return." The picture was taken on April 24, 2014.



Palo, Leyte, Philippines was designated as the "Red Beach" during the Allied landings on October 20, 1944. General Douglas MacArthur, an American five-star General and Field Marshal of the Philippine Army and his troops, landed here fulfilling his promise -"I came through and I shall return" he made on March 20, 1942 while on travel in Terowie railway station in South

Australia. The current "Red Beach" photo was taken on March 3, 2008.



The United States and the Republic of the Philippines memorialized the historic landing and return of the Allied Forces by building the more than lifesized bronze statues of General Douglas MacArthur representing the United States and Philippine President Sergio Osmeña representing the people of the Philippines by wading to the "Red Beach" on October 20, 1944, in Palo,

Leyte, Philippines. The "Red Beach" landing photograph was taken on March 3, 2008.



2,000 plus years old olive trees in Gethsemane, the location where Jesus and His three disciples prayed. The photo was taken on 18 February 2023.



2,000 plus years old olive trees in Gethsemane, the location where Jesus and His three disciples prayed. Note: Olive Garden is located on the left side of Church of All the Nations. The photo was taken on 18 February 2023.



A traditional site of The Garden Tomb, February 21, 2023, Jerusalem, Israel.



The cyclamen flower growing and blooming out from a rock located in a traditional site of The Garden Tomb, February 21, 2023, Jerusalem, Israel. During springtime in Israel, the "rising" of cyclamen flower symbolizes life after in a dormant stage during winter. The risen LORD Jesus Christ has overcome Death, the Devil, Sin, and the godless world around us. The central

message of the Christianity is the resurrection of Jesus Christ. The Apostle Paul explains the meaning of the gospel saying, 3 "I passed on to you what was most important and what had also been passed on to me. Christ died for our sins, just as the Scriptures said. 4 He was buried, and he was raised from the dead on the third day, just as the Scriptures said." I Cor 15:3-4 NLT.

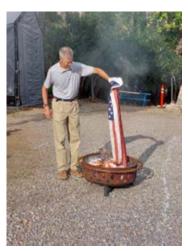
Around the Post

Flag Retirement Ceremony - September 6, 2023









September 6th we had a Flag Retirement Ceremony. Thanks to all who participated in retiring Ole Glory with the honor it's due.

Wednesday Lunches



Karen & Bill Kimble smiling in anticipation of another of our delicious Wednesday lunch.



Happy cooks make good food. Thanks Ray Knoll &Fred Whiteman for keeping us well fed.



Charlie Beighley waits patiently for his lunch to be served.

Ribapalooza - Shelter to Soldier Fundraiser



Just a few of the Ribapalooza crew. Thanks guys for smoking ribs at 1:00AM!



We sold 67 racks of ribs to support Shelter to Soldier!

Happy Birthday!



Post Surgeon Fred DiCarlo & Auxiliary member Karen Kimble celebrate their birthdays.

WE HAVE A GOOD TIME AT THE POST. JOIN US IN SUPPORTING VETERANS AND THEIR FAMILIES AND ENJOYING GOOD FOOD AND FRIENDSHIP.

Around the Post

POW/MIA Remembrance Ceremony



Captain John Schiltz reading the names of POW/MIA's during our POW/MIA Remembrance Ceremony.

Friday Live Music



Michael Pinning Band playing at our dinner on Friday, September 29th.

Serving the Community



CDR John Carson & QM Clint Dawson presenting the Pledge of Allegiance for County Supervisor Joel Anderson at a First Time Homebuyer Workshop.

Poway Rodeo



Thanks to everyone who served at our booth at the Poway Rodeo.

The Post Around Town

Support Gold Star Families



Monday, September 11, 2023, Post Chaplain Don Biadog, Jr. prays during the Groundbreaking of the Gold Star Family Monument Ceremony Miramar National Cemetery, San Diego, CA.



Post Chaplain Don Biadog, Jr. pictured with Gold Star Families at the groundbreaking of the GSF Monument Ceremony Miramar National Cemetery, San Diego, CA.



This is what the GSF Monument will look like when complete. The dedication is scheduled for Veteran's Day November 11, 2023 at 11:00 am.





Saturday October

Andy Kern



Kevin Davis

with



Chris Clobber



Comedy Central The Marine of Comedy The Tonight Show



at VFW Post 7907, 12342 Old Pomerado Rd, Poway Dinner starts 5:30pm * Show starts at: 06:45pm



Ticket: \$25 per person Spaghetti dinner includes salad, bread & dessert

THIS IS A TICKETED EVENT - PLEASE EMAIL VFW7907EVENTS@GMAIL.COM TO PURCHASE TICKETS

COSTUME PARTY COSTUME PARTY COCT. 27, 2023

PRIZES FOR THESE COSTUME CATAGORIES

*BEST DIY COSTUME

*FUNNIEST COSTUME

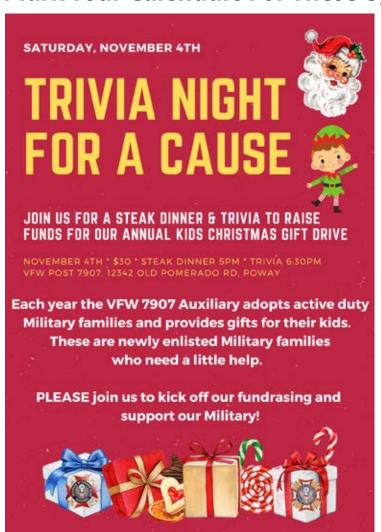
*BEST COUPLES COSTUME





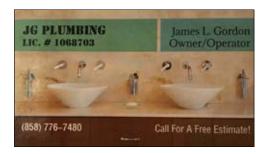


Mark Your Calendars For These Upcoming Events





Thank You to Our Sponsors and Volunteers

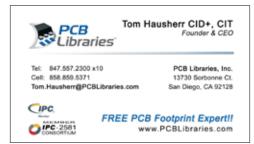




Your business card could be here

Contact the Quartermaster for more information.

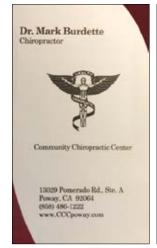














OCTOBER 2023



Sun Mon Tue Wed Thu Fri Sat



Drink Specials*: Sam Adams Oktoberfest - \$4; Poison Apple Cocktail - \$4; Truly Vodka - \$4; Strawberry Margarita's Only \$3 when you wear Pink in support of Breast Cancer Awareness!

* Available when the Post is open

Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.

1	Canteen Closed	2 Canteen Closed	3 3:00 рм - 8:00 рм	4 11:00 ам - 6:00 рм	5 3:00 рм - 6:00 рм	6 3:00 PM - 9:00 PM	7 3:00 PM - 9:00 PM
NO BREAKFAST DUE TO POWAY DAYS Visit our booth at Poway days!			5:00 PM Taco Tuesday Taco plate with 2 tacos, beans & rice Donation: 10.00	11:30 AM Pork roast, mashed potatoes & green beans Donation: 10.00	6:00 PM VFW/AUX Roundtable & Social Planning Meeting	6:00-8:00 PM Cheesy chicken & rice, salad Donation: 10.00 6:00-9:00 PM Open Mic Karaoke	8:00 AM Saturday Work Party 5:30 PM Comedy Night & Dinner Dinner at 5:30 PM Show starts 6:45 PM
8	Canteen Closed	9 3:00 рм - 6:00 рм	10 3:00 рм - 8:00 рм	11 11:00ам-6:00рм	12 3:00 рм - 6:00 рм	13 3:00 PM - 9:00 PM	14 3:00 PM - 6:00 PM
		Golf Tournament Oaks North Golf Course	6:00 PM Auxiliary General Meeting	11:30 AM Lasagna, salad & texas toast Donation: 10.00		6:00-8:00 PM Pork chops, mashed potatoes & veggie Donation: 10.00 6:00-9:00 PM Live Music with Windjammers	8:00 AM Saturday Work Party
15	Canteen Closed	16 3:00 рм - 6:00 рм	17 3:00 рм - 8:00 рм	18 11:00ам-6:00рм	19 3:00 рм - 6:00 рм	20 3:00 рм-9:00 рм	21 3:00 рм - 6:00 рм
		6:00 PM VFW Post Officers Meeting	5:00 PM Taco Tuesday Taco plate with 2 tacos, beans & rice Donation: 10.00	11:30 AM Roasted chicken, mashed potatoes & corn Donation: 10.00	6:00 PM House Committee Chair Meeting 7:00 PM VFW 7907 Post Meeting	6:00-8:00 PM Chicken enchiladas, rice & beans Donation: 10.00 6:00-9:00 PM Live Music with Country Crossovers	8:00 AM Saturday Work Party
22	Canteen Closed	23 3:00 рм - 6:00 рм	24 3:00 рм - 8:00 рм	25 11:00ам-6:00рм	26 3:00 рм - 6:00 рм	27 3:00 рм - 9:00 рм	28 Post Closed
			5:00 PM Dinner Served Donation: 8.00 6:00 PM BUNCO \$5 buy-in	11:30 AM Patty melt, fries & salad Donation: 10.00		Post Halloween Party & Costume Contest Brats & Hots! potato salad & beans Donation: 10.00 7:00-9:00 PM Live Music with Country Crossovers	8:00 AM Saturday Work Party POST CLOSED FOR TWO DIFFERENT SPECIAL EVENTS
29	Canteen Closed	30 3:00 рм-6:00 рм	31 3:00 рм-8:00 рм		rthday Drink or Auxiliary Life 1		our

birthday this month, then have a drink on us!